

# Astron Energy Trail powered by Freshstop and Toby's Motors

04/02/2024



## 5km Female - Results

EVENT MANAGEMENT

Race No	Name	Gender	Category	Time	Category	Gender	Overall
480	Smit, Leoné	Female	B	0:27:03	1	1	4
538	Thomas, Grace	Female	A	0:28:20	1	2	6
463	Parry, Natalie	Female	C	0:28:42	1	3	7
508	Riici, Megan	Female	B	00:32:18	2	4	17
500	Zenios, Phillipa	Female	B	0:32:33	3	5	20
406	Bromley-Gans, Erin	Female	B	0:32:45	4	6	21
527	Driscoll, Adele	Female	B	0:33:11	5	7	22
408	Brunner, Emma	Female	B	0:34:00	6	8	23
474	Schoeman, Anya	Female	B	0:34:38	7	9	27
461	O'neill, Carina	Female	B	0:34:41	8	10	28
460	Neveling, Erica	Female	A	0:35:18	2	11	32
542	Ogden, Shirley	Female	B	0:35:49	9	12	33
532	Strydom, Karlein	Female	B	0:37:33	10	13	34
411	De Klerk, Charne	Female	B	0:38:22	11	14	38
517	Blume, Chantelle	Female	B	0:38:31	12	15	39
443	Langley Cain, Tarryn	Female	B	0:38:46	13	16	40
487	Theobald, Shannon	Female	B	0:40:32	14	17	41
431	Huygen, Chantel	Female	B	0:41:16	15	18	47
416	Dil, Natalie	Female	C	0:41:30	2	19	48
512	Holmes, Kelly	Female	B	0:43:23	16	20	49
407	Brown, Shana	Female	B	0:43:36	17	21	50
428	Hill, Kayleigh	Female	B	0:43:55	18	22	51
444	Le Roux, Lieze	Female	B	0:44:20	19	23	53
414	Deyzel, Ariella	Female	A	0:45:40	3	24	59
421	Du Plessis, Del-Rio	Female	C	0:45:42	3	25	60
415	Deyzel, Jenilyn	Female	B	0:45:50	20	26	61
486	Taylor, Aimee	Female	B	0:46:10	21	27	62
434	Jansen Van Rensburg, Penny	Female	B	0:46:22	22	28	63
447	Louis, Chanee	Female	B	0:46:28	23	29	65
452	Marais, Carina	Female	B	0:46:30	24	30	66
467	Rielly, Sonja	Female	B	0:46:39	25	31	67
494	Watson, Donna	Female	C	0:46:45	4	32	68
525	Natili, Amyoli	Female	A	0:46:56	4	33	69
521	Jack, Lathitha	Female	B	0:46:58	26	34	70
437	Jonker, Kirsten	Female	B	0:47:12	27	35	71
519	Daniels, Gina	Female	B	0:47:15	28	36	72
464	Phillips, Megan	Female	B	0:47:17	29	37	73
405	Brink, Bianca	Female	B	0:47:35	30	38	75
520	De Oliveira, Heather	Female	C	0:47:52	5	39	77
425	Francis, Jenna	Female	B	0:48:39	31	40	79
433	Jansen Van Rensburg, Cara-Le	Female	B	0:50:23	32	41	82
491	Van Niekerk, Susan	Female	C	0:50:37	6	42	83
442	Landman, Sandra	Female	B	0:51:02	33	43	84
404	Bouwer, Retha	Female	B	0:51:47	34	44	85

472	Russell, Donna-Mae	Female	B	0:52:04	35	45	87
458	Muller, Gabby	Female	A	0:52:14	5	46	88
499	Young, Amanda	Female	B	0:52:43	36	47	91
489	Van Heerden, Cris-Mari	Female	B	0:53:24	37	48	94
409	Coetzer, Anita	Female	C	0:53:33	7	49	95
422	Els, Lizelle	Female	B	0:53:35	38	50	96
423	Ferreira, Taryn	Female	B	0:53:41	39	51	97
410	Connacher, Linde	Female	B	0:53:53	40	52	98
451	Makochieng, Christina	Female	B	0:53:59	41	53	99
450	Makochieng, Gloria	Female	B	0:54:02	42	54	100
459	Neary, Sarah	Female	B	0:54:05	43	55	101
539	Schamrel, Zadie	Female	B	0:54:17	44	56	102
540	Lemlay, Liesel	Female	B	0:54:20	45	57	103
455	Meintjes, Gabrielle	Female	A	0:54:33	6	58	104
456	Meintjes, Samantha	Female	B	0:54:35	46	59	105
466	Rielly, Meca	Female	B	0:57:34	47	60	107
432	Jansen Van Rensburg, Celsy	Female	B	0:57:36	48	61	108
534	Kirsten, J	Female	C	0:58:38	8	62	109
535	Stuthard, Karen	Female	C	0:58:41	9	63	110
526	Venter, Alme	Female	B	0:58:44	49	64	111
497	Williams, Kate	Female	B	0:58:47	50	65	112
438	Jonker, Gwen	Female	C	0:59:14	10	66	113
516	Langley, Christyl	Female	B	0:59:18	51	67	114
403	Bosch, Estine	Female	B	1:00:37	52	68	115
449	Louw, Paulien	Female	C	1:01:29	11	69	116
518	Boshoff, Riana	Female	B	1:03:16	53	70	117
427	Hierons, Lieselle	Female	B	1:04:37	54	71	118
426	Hawkins, Clair	Female	B	1:05:30	55	72	119
446	Long, Tamlyn	Female	B	1:05:32	56	73	120
476	Sirkhotte, Sa'dia	Female	A	1:06:49	7	74	121
475	Sirkhotte, Safaa	Female	A	1:06:52	8	75	122
477	Sirkhotte, Yumna	Female	B	1:06:55	57	76	123
511	Ntika, Nokuthala	Female	B	1:07:10	58	77	125
505	O'linsky, Gabrielle	Female	A	1:08:05	9	78	126
501	O'linsky, Lee-Anna	Female	C	1:08:19	12	79	128
506	Van Eck, Melanie	Female	B	1:08:22	59	80	129
513	Ndika, Thembi	Female	C	1:10:29	13	81	130
492	Venter, Roxy	Female	A	1:13:58	10	82	131
465	Pieterse, Elle	Female	A	1:14:27	11	83	132
419	Dlepu, Yolanda	Female	B	1:15:08	60	84	134
418	Dlepu, Athenkosi	Female	B	1:15:11	61	85	135
531	Kotze, Nina	Female	A	1:15:16	12	86	136
530	Driscoll, Jessica	Female	A	1:15:18	13	87	137

#### 5km Male - Results

Race No	Name	Gender	Category	Time	Category	Gender	Overall
509	Fisher, Clyde	Male	B	0:24:54	1	1	1
436	Thomas, Adam	Male	B	0:26:54	2	2	2
537	Jonker, Lincoln	Male	A	0:26:56	1	3	3
533	Esterhuysen, Andre	Male	B	0:27:49	3	4	5

488	Tibshraeny, Yandre	Male	B	0:30:51	4	5	8
445	Lindley, Cameron	Male	B	0:31:03	5	6	9
429	Holmes, James	Male	A	0:31:05	2	7	10
484	Stone, Clayton	Male	B	0:31:13	6	8	11
529	Driscoll, Samuel	Male	A	0:31:20	3	9	12
493	Venter, Carl	Male	C	0:31:23	1	10	13
522	Lombo, Lithemba	Male	A	0:31:38	4	11	14
473	Sampson, Jared	Male	B	0:32:12	7	12	15
454	Mcgrath, Travis	Male	B	0:32:15	8	13	16
400	Allers, Rhys	Male	A	0:32:21	5	14	18
457	Mills, Ian	Male	B	0:32:28	9	15	19
541	Hofmeyr, Lew	Male	B	0:34:12	10	16	24
482	Steenkamp, Dewald	Male	B	0:34:28	11	17	25
402	Bernardo, Jaco	Male	B	0:34:34	12	18	26
507	Van Jaarsveldt, Jonathan	Male	B	00:34:50	13	19	29
420	Drew, Lindsey	Male	B	0:35:02	14	20	30
469	Roux, Pieter	Male	C	0:35:05	2	21	31
536	Thomas, Brynn	Male	C	0:37:58	3	22	35
440	Kotze, Kobus	Male	C	0:38:06	4	23	36
514	Els, Ethan	Male	A	0:38:16	6	24	37
439	Klerck, Bronwyn	Male	B	0:40:40	15	25	42
448	Louw, Erich	Male	B	0:40:43	16	26	43
524	Bedeshe, Amyoli	Male	A	0:40:44	7	27	44
523	Bedeshe, Imange	Male	A	0:40:54	8	28	45
430	Huygen, Adriaan	Male	B	0:41:14	17	29	46
401	Barnard, Ryno	Male	B	0:43:58	18	30	52
510	Sixaso, Mandi	Male	B	0:44:26	19	31	54
417	Dixon, Richard	Male	B	0:45:09	20	32	55
503	O'linsky, Lennox Jnr Jnr	Male	A	0:45:18	9	33	56
502	O'linsky, Lennox Snr	Male	C	0:45:19	5	34	57
453	Marais, Wayne	Male	B	0:45:30	21	35	58
481	Smith, David	Male	B	0:46:24	22	36	64
441	Landman, Jayden	Male	A	0:47:31	10	37	74
471	Ruppelt, Owen	Male	B	0:47:37	23	38	76
485	Swanepoel, Grant	Male	B	0:48:36	24	39	78
468	Roux, Jahn	Male	B	0:48:43	25	40	80
528	Driscoll, Steven	Male	B	0:48:54	26	41	81
470	Roux, Hennie	Male	C	0:51:49	6	42	86
479	Slabbert, Ashton	Male	A	0:52:18	11	43	89
435	Johnstone, Zac	Male	B	0:52:37	27	44	90
490	Van Heerden, Maritz	Male	B	0:53:06	28	45	92
412	De Waal, Adrian	Male	C	0:53:10	7	46	93
498	Xhala, Sithsaba	Male	B	0:54:37	29	47	106
478	Sirkhotte, Naasif	Male	B	1:06:56	30	48	124
504	O'linsky, Lennox Jnr	Male	B	1:08:07	31	49	127
515	Kambero, Theo	Male	C	1:14:29	8	50	133