

The Nguni Trail

31/08/2024



5km Female - Results

Race No	Name	Gender	Category	Time	Category	Gender	Overall
427	Neveling, Erica	Female	A	0:42:58	1	1	3
402	Dean, Jessica	Female	B	0:47:11	1	2	5
449	Strydom, Karlien	Female	B	0:47:11	2	3	6
434	Theobald, Shannon	Female	B	0:52:38	3	4	11
414	Huygen, Chantel	Female	B	0:56:10	4	5	17
411	Grobler, Melissa	Female	B	0:58:50	5	6	18
436	Van Niekerk, Susan	Female	C	1:00:59	1	7	23
428	Newton, Gillian	Female	C	1:01:21	2	8	24
443	Margolius, Stacey	Female	B	1:02:49	6	9	26
408	Frewen, Stacey	Female	B	1:05:22	7	10	28
422	Monyemangene, Motlatj	Female	A	1:08:13	2	11	31
433	Tendane, Koketso	Female	B	1:08:13	8	12	32
442	Burley, Emily	Female	B	1:08:39	9	13	34
429	Reveley, Eloise	Female	B	1:08:58	10	14	35
421	Meyer, Rozelle	Female	B	1:10:17	11	15	37
424	Muller, Joelene	Female	C	1:10:20	3	16	38
447	Ncezula, Andiswa	Female	B	1:15:00	12	17	40
440	Young, Amanda	Female	B	1:16:01	13	18	41
400	Brink, Loretta	Female	C	1:17:36	4	19	42
417	Louw, Paulien	Female	C	1:23:02	5	20	44
437	Viviers, Yolande	Female	B	2:02:05	14	21	46

5km Male - Results

Race No	Name	Gender	Category	Time	Category	Gender	Overall
401	Carstens, Hanno	Male	B	0:39:19	1	1	1
412	Grobler, Norman	Male	B	0:42:42	2	2	2
448	Esterhuyse, Andre	Male	B	0:44:17	3	3	4
405	Engelbrecht, Johan	Male	C	0:47:29	1	4	7
416	Kotze, Kobus	Male	C	0:48:09	2	5	8
445	Bosman, Dean	Male	C	0:49:24	3	6	9
406	Evans, Garreth	Male	B	0:49:54	4	7	10
435	Thomas, Brynn	Male	C	0:52:40	4	8	12
431	Roets, Adriaan	Male	B	0:54:43	5	9	13
420	Mare, Wynand	Male	B	0:54:55	6	10	14
413	Gronum, Wouter	Male	B	0:55:00	7	11	15
415	Huygen, Adriaan	Male	B	0:56:09	8	12	16
423	Moore, Jason	Male	A	0:58:59	1	13	19
432	Slabbert , Ashton	Male	A	0:59:01	2	14	20
446	Slabbert , Barry	Male	A	0:59:03	3	15	21
404	Du Preez, Louwrence	Male	B	0:59:05	9	16	22
419	Manjati, Musa	Male	B	1:01:38	10	17	25
410	Green, Benjamin	Male	A	1:03:23	4	18	27
409	Frewen, Stephen	Male	B	1:05:23	11	19	29
425	Muller, Neels	Male	C	1:05:45	5	20	30

441	Burley, Adam	Male	A	1:08:22	5	21	33
426	Muller, Andrew	Male	B	1:10:03	12	22	36
439	Viviers, Hendre	Male	B	1:10:26	13	23	39
430	Reveley, Ryan	Male	B	1:21:56	14	24	43
438	Viviers, Ettienne	Male	B	2:02:02	15	25	45