

Autumn Trail Series 2019 - Race 02



Results Supplied by [Big O Sports ZA](#)

Female 10km - Autumn Trail Series 2019 - Race 02

Race No	Name	Gender	Category	Time	Result By Category	Result By Race
298	Sacke, Tara	Female	B	0:42:48	1	5
292	Hickman, Carmen	Female	B	0:52:29	2	12
220	Smit, Henneli	Female	B	0:54:01	3	13
306	Varnfield, Ana	Female	C	0:55:04	1	15
212	Maudy, Mc Gloughlin	Female	B	0:57:12	4	16
217	Payne, Lundi	Female	B	0:59:08	5	20
290	Van Vreden , Chanel	Female	B	0:59:28	6	22
289	Van Staden, Shavonne	Female	B	1:00:24	7	24
291	Wessels, Monique	Female	B	1:01:54	8	27
310	Grobbelaar, Magda	Female	B	1:01:59	9	28
288	Rubin, Sandy	Female	B	1:02:04	10	29
282	Ingram, Alta	Female	C	1:03:45	2	31
284	Mulock Houwer, Kim	Female	B	1:04:03	11	32
281	Hunter, Belinda	Female	B	1:04:15	12	33
287	Petra Bodisch, Nina	Female	B	1:04:24	13	34
219	Sim, Justine	Female	B	1:04:50	14	35
202	De Andrade, Tenielle	Female	B	1:05:37	15	36
285	Mulock Houwer, Belinda	Female	C	1:05:51	3	37
277	Best, Marie	Female	C	1:07:33	4	38
208	Hume, Karen	Female	B	1:07:36	16	39
224	Van Tonder, Esmarie	Female	B	1:08:05	17	40
200	Calitz, Margaretha	Female	B	1:08:35	18	41
311	De Andrade, Brittany	Female	B	1:08:41	19	42
204	Derbyshire, Deidre	Female	B	1:10:00	20	44
308	Rudman, Jenny	Female	B	1:10:06	21	45
227	Welmans, Madre	Female	C	1:10:25	5	46
203	De Jager, Hillary	Female	B	1:10:28	22	47
293	De Vos, Yolanda	Female	B	1:12:53	23	48
301	Spicer, Jenny	Female	B	1:16:02	24	50
280	Engelbrecht, Cindy Lee	Female	B	1:20:24	25	52
297	Abourizk, Payton	Female	A	1:32:48	1	53
296	Abourizk, Tami	Female	B	1:32:51	27	54
225	Vermaak, Mile	Female	C	1:43:49	6	56
312	Bower, Jillian	Female	B	1:27:20	26	57

Male 10km - Autumn Trail Series 2019 - Race 02

Race No	Name	Gender	Category	Time	Result By Category	Result By Race
209	Joubert, Jean-Pierre	Male	B	0:38:53	1	1
215	Naidoo, Sachin	Male	B	0:39:15	2	2
299	Kilroe, Sheldon	Male	B	0:39:57	3	3
302	Bester, Michael	Male	B	0:41:27	4	4
305	Oosthuizen, Mark	Male	C	0:44:15	1	6
286	Norval, Matthew	Male	C	0:47:24	2	7
218	Pieterse, Philip	Male	B	0:48:27	5	8
206	Foster, Gareth	Male	B	0:48:40	6	9
201	Coetzee, Frikkie	Male	B	0:49:33	7	10
309	Nel , Francois	Male	B	0:51:15	8	11
214	Naidoo, Anand	Male	B	0:54:37	9	14
307	Howlett, Jeremy	Male	B	0:57:15	10	17
226	Welgemoed, Lester	Male	C	0:57:46	3	18
205	Derbyshire, Jonathan	Male	B	0:57:49	11	19
216	Payne, Cornel	Male	B	0:59:11	12	21
304	Van Vreden , Joe	Male	B	0:59:43	13	23
294	Radue, Sean	Male	B	1:01:10	14	25
210	Le Roux, Jan	Male	B	1:01:35	15	26
313	Claassen, Nico	Male	B	1:02:10	16	30
221	Strydom, Matthew	Male	B	1:08:46	17	43
223	Valentine, Keith	Male	B	1:14:51	18	49
278	Bower, Andre	Male	C	1:17:24	4	51
295	Abourizk, Harry	Male	B	1:32:56	19	55
303	Males, Gerald	Male	B	1:43:52	20	58