

# King of The Valley Trail Run 2019 - 6km



Results Supplied by [Big O Sports ZA](#)

## Male 6km - King of The Valley 2019

Race No	Name	Gender	Category	Time	Result By Category	Result By Race
206	Barnard, Llewelyn	Male	B	0:25:30	1	1
289	Mabala , Sphosethu	Male	B	0:32:26	2	2
304	Black, Errol	Male	C	0:32:43	1	3
224	Dodd, Mark	Male	C	0:33:31	2	4
282	Scribante, Silvio	Male	B	0:34:17	3	5
257	Roux, Pieter	Male	C	0:37:08	3	6
268	Walker, Jesse	Male	B	0:38:34	4	9
237	Ludick, Brandon	Male	B	0:38:47	5	10
281	Abourizk, Harry	Male	B	0:39:02	6	11
294	Taveruer, Martin	Male	B	0:40:08	7	12
312	Kretzmann, Vaughn	Male	B	0:40:12	8	13
300	White, Michael	Male	B	0:40:14	9	14
278	Goedhals, Jodi	Male	B	0:40:55	10	16
306	Bisson, Kylf	Male	B	0:40:58	11	17
253	Oelschig, Jacques	Male	B	0:41:24	12	18
292	Koen, Reynier	Male	B	0:41:35	13	20
249	Mulock Houwer, Henk	Male	C	0:44:01	4	25
271	Walland, Matthew	Male	A	0:44:07	1	28
276	O Linsky, Lennox	Male	C	0:44:09	5	29
277	Brown, Ettienne	Male	C	0:44:10	6	30
229	Gerber, Johan	Male	B	0:45:11	14	32
280	Davis, Warren	Male	B	0:45:55	15	34
305	Kemp, Adrian	Male	B	0:46:36	16	39
303	Hall, Simon	Male	B	0:46:37	17	40
254	Pittaway, Timothy	Male	B	0:46:40	18	41
235	Le Roux, Jan	Male	B	0:46:46	19	42
279	Eales, Matthew	Male	B	0:47:39	20	47
291	Blignoult, Jean-Pierre	Male	B	0:47:41	21	48
242	Milne, Josh	Male	B	0:48:30	22	51
301	Gernetzky, Joshua	Male	B	0:48:44	23	54
275	Plessie, Latham	Male	A	0:53:10	2	68
210	Bladen, Mike	Male	C	0:53:26	7	70
259	Scott, Leizel	Male	A	0:53:48	3	71
220	De Ridder, Stephen	Male	C	0:55:10	8	73
293	Valentine, Keith	Male	B	0:55:19	24	74
227	Foster , Dathyn	Male	B	0:56:54	25	75

310	Brynn, Thomas	Male	B	0:58:18	26	79
252	Nortjé, Ghaleed	Male	B	0:58:37	27	83
297	Whyte, Andrew	Male	B	1:00:06	28	85
214	Botha, Jandre	Male	A	1:07:39	4	93
215	Botha, Christo	Male	B	1:07:41	29	94
205	Barnard, Morné	Male	B	1:11:33	30	101
307	Attenborough, Justine	Male	B	1:11:41	31	104

#### Female 6km - King of The Valley 2019

Race No	Name	Gender	Category	Time	Result By Category	Result By Race
245	Moreton, Tanith	Female	B	0:37:32	1	7
295	Barrow, Natalie	Female	B	0:38:15	2	8
287	Cockcraft, Olivia	Female	B	0:40:37	3	15
223	Dodd, Llise	Female	C	0:41:28	1	19
283	Scribante, Tammy	Female	B	0:41:54	4	21
314	Van Wyk, Charlotte	Female	B	0:42:16	5	22
217	Bromley-Gans, Erin	Female	B	0:42:57	6	23
284	France, Lieghan	Female	B	0:43:40	7	24
274	Faifer, Bronwyn	Female	B	0:44:04	8	26
299	Castelyn, Lenee	Female	B	0:44:06	9	27
288	Du Plessis, Del-Rio	Female	C	0:45:07	2	31
261	Sim, Justine	Female	B	0:45:23	10	33
230	Geyer, Melanie	Female	B	0:46:01	11	35
267	Van Wyk, Ina	Female	B	0:46:03	12	36
251	Nagel, Lauren	Female	B	0:46:22	13	37
256	Ross, Twane	Female	B	0:46:29	14	38
296	Griffin, Tara	Female	B	0:47:10	15	43
255	Richter, Carlia	Female	B	0:47:13	16	44
315	Van Tonder, Esmarie	Female	B	0:47:34	17	45
222	Derbyshire, Deidre	Female	B	0:47:36	18	46
211	Boreham, Amber	Female	B	0:47:53	19	49
263	Swanepoel, Melissa	Female	B	0:48:25	20	50
200	Alexandris, Linda	Female	B	0:48:37	21	52
232	Haywood, Teri	Female	B	0:48:40	22	53
250	Mulock Houwer, Kim	Female	B	0:49:16	23	55
273	Thebe, Simiso	Female	B	0:49:24	24	56
316	Muller, Nadia	Female	B	0:49:41	25	57
233	Kapp, Paula	Female	B	0:50:00	26	58
308	Fortuin, Leigh-Anne	Female	B	0:50:07	27	59
308	Watson-Smith, Kerrin	Female	B	0:50:07	28	60
228	Gerber, Christine	Female	B	0:50:09	29	61
248	Mulock Houwer, Belinda	Female	C	0:50:15	3	62
238	Mabusela, Thobeka	Female	C	0:50:53	4	63
313	Rudman, Jenny	Female	B	0:51:36	30	64
208	Benade, Ansie	Female	C	0:51:58	5	65
298	Milne, Celeste	Female	B	0:52:02	31	66
290	Hobo, Unathi	Female	B	0:52:36	32	67
270	Walland, Jessica	Female	A	0:53:23	1	69

219	De Ridder, Noeline	Female	C	0:55:07	6	72
231	Grimbeek, Michelle	Female	B	0:56:57	33	76
225	Dore, Madeleine	Female	C	0:57:58	7	77
262	Sneyd, Chantelle	Female	B	0:58:11	34	78
311	Newton, Gillian	Female	B	0:58:20	35	80
269	Walland, Katelyn	Female	A	0:58:28	2	81
234	Khalani , Nosipho	Female	B	0:58:34	36	82
207	Bauer, Kayleigh	Female	B	0:58:48	37	84
266	Van Der Merwe, Denise	Female	B	1:00:33	38	86
239	Marais, Emily	Female	C	1:00:59	8	87
264	Thompson, Leigh	Female	B	1:02:02	39	88
216	Bramdaw, Kiara	Female	B	1:02:05	40	89
244	Moreton, Jenee	Female	B	1:02:23	41	90
258	Scott, Dakota-Lee	Female	A	1:02:57	3	91
241	Meyer, Volenti	Female	B	1:03:13	42	92
213	Botha, Ciane	Female	A	1:07:45	4	95
247	Muller, Charnette	Female	B	1:08:46	43	96
226	Erasmus, Brizel	Female	B	1:08:48	44	97
246	Moreton, Taylia	Female	B	1:09:43	45	98
260	Scott, Leizel	Female	B	1:09:48	46	99
204	Barnard, Anine	Female	B	1:11:30	47	100
201	Attenborough, Rozlyn	Female	A	1:11:36	5	102
202	Attenborough, Cathy	Female	B	1:11:38	48	103
309	Van Vilet, Tara	Female	B	1:12:56	49	105
272	Young, Amanda	Female	B	1:12:59	50	106
285	Reeves, Bronwyn	Female	A	1:17:23	6	107
286	Reeves, Natalie	Female	A	1:17:25	7	108
203	Attenborough, Sally-Anne	Female	B	1:22:15	51	109







