



## ECM Ford Trail Run

06-Jun-21

Results supplied by Big O Event Management

### 5km Female - Results

Race No	Name	Gender	Category	Time	Category	Gender	Overall
372	Venter, Melinda	Female	B	0:26:55	1	1	3
350	Odendaal, Tasmin	Female	B	0:27:49	2	2	5
410	Morley, Lizi	Female	B	0:27:54	3	3	6
409	Pennith, Jamie	Female	B	0:28:39	4	4	8
329	Janse Van Rensburg, Nicola	Female	A	0:28:43	1	5	9
318	Fouche, Annamarie	Female	C	0:29:23	1	6	10
332	Kondowe, Joice	Female	B	0:31:47	5	7	12
338	Lochner, Sandra	Female	B	0:32:13	6	8	14
407	Mocke, Alicia	Female	A	0:33:40	2	9	17
327	Hoek, Barbara	Female	B	0:34:11	7	10	19
368	Toumilovitch, Alicia	Female	B	0:35:19	8	11	20
408	Mocke, Kim	Female	B	0:35:47	9	12	22
339	Ludick, Monique	Female	B	0:35:50	10	13	23
330	Knoesen, Zina	Female	B	0:35:53	11	14	24
325	Henderson, Lauren	Female	B	0:36:06	12	15	25
390	Teubes, Kirsty	Female	B	0:36:12	13	16	26
328	Holtzhausen, Anje	Female	B	0:36:39	14	17	27
413	Kock, Jayden	Female	A	0:37:24	3	18	29
405	Geyer, Melanie	Female	B	0:37:41	15	19	30
406	Van Wyk, Ina	Female	B	0:37:42	16	20	31
307	Bishop, Carmen	Female	B	0:37:57	17	21	32
302	Balie, Michaela	Female	B	0:38:33	18	22	37
403	Berger, Juliana	Female	B	0:38:44	19	23	38
362	Skein, Claudia	Female	B	0:39:19	20	24	41
305	Beetge, Zinandi	Female	B	0:39:30	21	25	42
347	Nondlwana, Zandile	Female	B	0:40:19	22	26	45
321	Hallatt, Zanolee	Female	B	0:40:52	23	27	47
400	Myers, Manely	Female	B	0:41:14	24	28	48
377	Seligmann, Gultit	Female	B	0:41:17	25	29	49
353	Petersen, Nureena	Female	B	0:42:30	26	30	51
392	Smith, Jono	Female	B	0:43:36	27	31	55
351	Pereira, Camila	Female	B	0:44:48	28	32	56
364	Soares, Deise	Female	B	0:44:52	29	33	57
314	Costa Rossini, Juliana	Female	B	0:45:06	30	34	58
310	Brown, Shannen	Female	B	0:45:34	31	35	59
398	Reveley, Eloise	Female	B	0:45:36	32	36	60
341	Maxwell, Taryn	Female	B	0:45:47	33	37	62
397	Smart, Holly	Female	B	0:46:32	34	38	63
300	Adlington Corfield, Olivia	Female	B	0:48:48	35	39	65
389	Mfono, Nonkhutha	Female	B	0:49:02	36	40	66
375	Smith, Charmaine	Female	C	0:49:26	2	41	67
306	Benade, Ansie	Female	C	0:50:14	3	42	68

317	Foley, Caitlin	Female	B	0:50:25	37	43	69
346	Nisbet, Laura	Female	B	0:50:27	38	44	70
315	Dladla, Buhle	Female	B	0:51:16	39	45	73
344	Minnie, Kayleigh	Female	B	0:51:21	40	46	74
311	Caires, Avon	Female	B	0:51:25	41	47	75
361	Sindelo, Olwetu	Female	B	0:51:27	42	48	76
366	Steenkamp, Lize	Female	B	0:51:29	43	49	77
313	Cogger, Miranda	Female	B	0:52:55	44	50	78
373	Young, Amanda	Female	B	0:52:57	45	51	79
359	Salie, Zahra	Female	B	0:53:24	46	52	80
381	Mclagan, Joslyn	Female	A	0:53:26	4	53	81
382	Mclagan, Kayla	Female	A	0:53:30	5	54	82
326	Hiles, Charmelle	Female	B	0:56:02	47	55	86
355	Rehse, Kristi	Female	B	0:57:09	48	56	87
334	Le Gras, Alex	Female	A	1:03:06	6	57	90
401	Dingle, Laura	Female	B	1:04:03	49	58	91
370	Van Jaarsveld, Roslyn	Female	B	1:19:36	50	59	92
358	Ryan, Debbie	Female	C	1:20:20	4	60	93

#### 5km Male - Results

Race No	Name	Gender	Category	Time	Category	Gender	Overall
404	Myburg, Peter	Male	C	0:23:07	1	1	1
396	Mxotwa, Ayatolah	Male	B	0:25:39	1	2	2
388	Cockcroft, Doug	Male	B	0:27:22	2	3	4
411	Van Der Berg, Matthew	Male	B	0:27:55	3	4	7
412	Kock, Jarryd	Male	B	0:31:04	4	5	11
357	Roberts, Vernique	Male	B	0:32:10	5	6	13
308	Bishop, Grayham	Male	B	0:32:16	6	7	15
309	Britz, Shaun	Male	B	0:32:29	7	8	16
336	Le Gras, Brent	Male	B	0:34:02	8	9	18
387	Germishuizen, Thinus	Male	B	0:35:36	9	10	21
399	Carrels, Christopher	Male	B	0:36:46	10	11	28
391	Van Den Berg, Alec	Male	B	0:37:59	11	12	33
365	Soares, Cleber	Male	B	0:38:24	12	13	34
312	Chetty, Veejay	Male	B	0:38:26	13	14	35
340	M'bangaza, Marcus	Male	B	0:38:31	14	15	36
352	Pereira, Helder	Male	B	0:38:56	15	16	39
378	Muringathuparambil, John	Male	B	0:39:01	16	17	40
369	Van Der Walt, Mattheus	Male	B	0:39:32	17	18	43
348	Nondlwana, Iker	Male	B	0:40:17	18	19	44
322	Hallatt, Henry	Male	B	0:40:50	19	20	46
331	Kock, Andre	Male	B	0:41:19	20	21	50
371	Van Wyk, Robert	Male	B	0:43:12	21	22	52
304	Barnard, Reuben	Male	B	0:43:13	22	23	53
393	Smith, Alistair	Male	A	0:43:26	1	24	54
342	Maxwell, Miles	Male	B	0:45:45	23	25	61
316	Flynn, Michael	Male	C	0:47:42	2	26	64
323	Harley, Mariechen	Male	B	0:50:51	24	27	71

324	Harley, Jan-Hendrik	Male	B	0:50:53	25	28	72
335	Le Gras, Jordan	Male	A	0:53:46	2	29	83
380	Mclagan, Bryan	Male	B	0:53:51	26	30	84
320	George, Shaun	Male	C	0:56:00	3	31	85
356	Rehse, Kyle-Ross	Male	B	0:57:12	27	32	88
337	Le Gras, Simon	Male	B	1:03:01	28	33	89