

7 Dwarfs Trail Run 2023

26/06/2023



10km Female - Results

Race No	Name	Gender	Category	Time	Category	Gender	Overall
242	Saayman, Nelmari	Female	B	0:56:41	1	1	9
223	Jacobs, Anemi	Female	B	0:58:18	2	2	10
244	Scheepers, Charlene	Female	B	1:01:43	3	3	14
202	Brunner, Emma	Female	B	1:01:52	4	4	15
262	Woods, Lynne	Female	B	1:03:54	5	5	18
253	Tshefu, Bomkazi	Female	B	1:07:08	6	6	19
237	Owen, Elsabe	Female	B	1:07:22	7	7	20
269	Raaff, Claudi	Female	B	1:07:36	8	8	22
222	Hickman, Carmen	Female	B	1:07:39	9	9	24
249	Strydom, Karlien	Female	B	1:11:07	10	10	28
261	Welgemoed, Chloe	Female	B	1:11:10	11	11	29
220	Harvey, Judy-Lee	Female	B	1:11:14	12	12	30
212	Ferrar, Michelle	Female	B	1:13:05	13	13	31
251	Theobald, Shannon	Female	B	1:15:03	14	14	33
221	Hayward, Melissa	Female	B	1:15:07	15	15	34
243	Saunders, Sophie	Female	B	1:15:09	16	16	35
234	Marais, Carina	Female	B	1:15:45	17	17	36
252	Timms, Stacey	Female	B	1:16:04	18	18	37
238	Pieterse, Erika	Female	B	1:21:37	19	19	39
270	Tiiy-Rodgers, Shariefa	Female	B	1:22:07	20	20	40
271	Tiiy-Rodgers, Imaan	Female	B	1:25:04	21	21	43
233	Maggott, Lesley	Female	C	1:27:56	1	22	44
246	Schultz, Danika	Female	B	1:28:01	22	23	45
263	Young, Jocelyn	Female	C	1:29:50	2	24	46
235	Mew, Lerryn	Female	B	1:38:36	23	25	47
256	Van Niekerk, Susan	Female	C	1:39:23	3	26	48
209	Engler, Tracy	Female	C	1:40:40	4	27	50
264	Young, Amanda	Female	B	1:41:07	24	28	51

10km Male - Results

Race No	Name	Gender	Category	Time	Category	Gender	Overall
274	Kholipa, Anele	Male	B	0:41:07	1	1	1
229	Lammers, Jason	Male	B	0:42:03	2	2	2
216	Goodall, Matthew Vere	Male	B	0:43:28	3	3	3
267	Damons, Devon	Male	B	0:44:58	4	4	4
228	Krynauw, Byron	Male	B	0:53:56	5	5	5
227	Klue, Werner	Male	B	0:54:27	6	6	6
254	Tuohy, Aidan	Male	B	0:54:38	7	7	7
211	Esterhuysen, Andre	Male	B	0:56:36	8	8	8
232	Mac Mahon, Jacques	Male	B	0:58:20	9	9	11
266	Whinney, Shaun	Male	B	0:59:54	10	10	12
247	Slabbert, Chris	Male	B	1:00:44	11	11	13
215	Goodall, Shawn	Male	B	1:02:03	12	12	16
217	Gouws, Mauritz Stefanus	Male	B	1:03:48	13	13	17

236	Owen, Morné	Male	C	1:07:25	1	14	21
273	Van Eeden, Jan	Male	C	1:07:38	2	15	23
205	Deyzel, Shaun H.P.	Male	B	1:08:50	14	16	25
200	Barnard, Ryno	Male	B	1:09:06	15	17	26
272	Sharman, Tashira	Male	B	1:09:36	16	18	27
268	Lucas, Dirk	Male	B	1:14:14	17	19	32
225	Kamberos, Theo	Male	C	1:20:48	3	20	38
250	Taljad, Andre	Male	B	1:22:10	18	21	41
240	Pretorius, André	Male	B	1:22:12	19	22	42
210	Engler, Ross	Male	C	1:40:38	4	23	49