

Astron Energy Trail 2025

02/02/2025



5km Female - Results

Race No	Name	Gender	Category	Time	Category	Gender	Overall
459	Thomas, Grace	Female	B	0:30:50	1	1	2
447	Parry, Natalie	Female	C	0:31:38	1	2	5
446	Neveling, Erica	Female	A	0:32:00	1	3	6
503	Ntoni, Bomkazi	Female	B	0:32:57	2	4	9
472	Zenios, Phillipa	Female	B	0:33:35	3	5	11
405	Brunner, Emma	Female	B	0:33:36	4	6	12
434	Malave Vink, Luisa	Female	B	0:35:35	5	7	16
457	Theobald, Shannon	Female	B	0:39:05	6	8	21
488	Kalipa, Sisipho	Female	A	0:39:29	2	9	22
433	Makiwane, Zakiya	Female	A	0:39:34	3	10	23
483	Barnes, Kirsty	Female	B	0:39:35	7	11	24
475	Nidento, Anna	Female	B	0:40:29	8	12	29
501	Driscoll, Adele	Female	B	0:41:15	9	13	31
448	Pratt, Teneille	Female	B	0:41:35	10	14	32
404	Brokensha, Talya	Female	B	0:41:47	11	15	33
415	Dunn, Cornelle	Female	B	0:41:50	12	16	34
426	Le Roux, Lieze	Female	B	0:42:11	13	17	36
461	Van Niekerk, Susan	Female	C	0:43:31	2	18	39
414	Du Plessis, Del-Rio	Female	C	0:43:44	3	19	40
421	Jordaan, Cleo	Female	B	0:47:14	14	20	43
403	Bezuidenhout, Susan	Female	C	0:47:24	4	21	44
409	Coetzee, Mackayla	Female	A	0:47:27	4	22	46
491	Muller, Gabby	Female	B	0:48:34	15	23	47
439	Msizi, Asante	Female	A	0:48:36	5	24	48
504	Shamrel, Zadie	Female	B	0:50:30	16	25	51
505	Lemley, Liesel	Female	B	0:50:31	17	26	52
486	Stuthard, Karen	Female	C	0:50:47	5	27	53
487	Landman, Li-Anne	Female	B	0:50:50	18	28	54
474	Boshoff, Riana	Female	B	0:51:39	19	29	55
484	Van Schalkwyk, Magde	Female	B	0:52:36	20	30	57
462	Van Schalkwyk, Elsabe	Female	C	0:52:40	6	31	58
424	Kotze, Lenita	Female	B	0:53:25	21	32	59
402	Benn, Sarah	Female	B	0:53:27	22	33	60
496	Buwa, Namangesi	Female	B	0:53:35	23	34	61
416	Erasmus, Gesina	Female	B	0:53:38	24	35	62
429	Louw, Paulien	Female	C	0:53:52	7	36	63
492	Mclead, Heather	Female	B	0:54:17	25	37	65
467	Young, Amanda	Female	B	0:54:28	26	38	66
441	Msizi, Phiwe	Female	B	0:54:47	27	39	67
440	Msizi, Namawabo	Female	C	0:58:27	8	40	70
422	Junger, Janice	Female	C	0:58:57	9	41	71
450	Pretorius, Kate	Female	B	0:59:43	28	42	73
463	Van Wyk, Marion Clare	Female	C	1:02:15	10	43	74
489	Abourizk, Payton	Female	A	1:04:06	6	44	76

490	Abourizk, Tami	Female	B	1:04:07	29	45	77
479	O'linsky, Gabriella	Female	A	1:04:57	7	46	78
497	Van Heerdden, Dante	Female	B	1:06:32	30	47	79
410	De Vos, Lindsay	Female	B	1:06:35	31	48	80
464	Viviers, Yolande	Female	B	1:06:58	32	49	81
476	O'linsky, Lee-Anne	Female	C	1:07:12	11	50	82
480	Van Eck, Melanie	Female	B	1:07:15	33	51	84
452	Robus, Jacquelyn	Female	B	1:08:44	34	52	85
408	Meintjes, Samantha	Female	B	1:09:06	35	53	86
401	Aupiais, Michaela	Female	B	1:09:10	36	54	88
506	Cherry, Leola	Female	C	1:09:17	12	55	89
507	Botha, Jamie	Female	C	1:09:19	13	56	90
494	Dickson, Cindy	Female	C	1:09:41	14	57	91
495	Horak, Paola	Female	C	1:09:42	15	58	92
420	Jonck, Silvia	Female	C	1:12:17	16	59	93
428	Long, Tamlyn	Female	B	1:12:26	37	60	94
417	Hawkins, Clair	Female	B	1:12:27	38	61	95
413	Dlepu, Athenkosi	Female	B	1:14:31	39	62	96
412	Dlephu, Unako	Female	A	1:14:36	8	63	97
500	Pieterse, Erika	Female	C	1:15:42	17	64	99
498	Pieterse, Elle	Female	A	1:15:52	9	65	100
499	Ferreira, Klara	Female	A	1:15:52	10	66	101

5km Male - Results

Race No	Name	Gender	Category	Time	Category	Gender	Overall
432	Mackenzie, David	Male	B	0:27:39	1	1	1
427	Lombho, Lithembha	Male	A	0:31:26	1	2	3
430	Louw, Erich	Male	B	0:31:30	2	3	4
454	Slabbert , Ashton	Male	A	0:32:18	2	4	7
473	Dre, Lindsey	Male	B	0:32:19	3	5	8
406	Carelsen, Deon	Male	B	0:33:00	4	6	10
423	Kotze, Kobus	Male	C	0:33:49	1	7	13
456	Snyman, Christoff	Male	B	0:34:01	5	8	14
438	Michaels, Phaphama	Male	B	0:34:20	6	9	15
458	Thomas, Brynn	Male	C	0:35:39	2	10	17
481	Johnstone, Luc	Male	B	0:36:32	7	11	18
482	Terwin, Kian	Male	B	0:36:32	8	12	19
444	Naliti, Amyoli	Male	B	0:38:57	9	13	20
470	Abourick, Harry	Male	B	0:39:44	10	14	25
469	Nel, Connor	Male	B	0:39:46	11	15	26
471	Goedhals, Jodi	Male	B	0:39:47	12	16	27
442	Myburgh, Sarel	Male	A	0:40:18	3	17	28
468	Burley, Adam	Male	A	0:40:56	4	18	30
485	Van Eyk, Tiaan	Male	B	0:42:08	13	19	35
465	Viviers, Ettienne	Male	B	0:42:40	14	20	37
435	Mc Donald, Anel	Male	B	0:43:27	15	21	38
407	Coetsee, Gert	Male	B	0:44:03	16	22	41
411	Dixon, Richard	Male	B	0:44:58	17	23	42
443	Myburgh, Danie	Male	A	0:47:26	5	24	45
419	Johnstone, Zac	Male	B	0:48:56	18	25	49

418	Johnstone, John	Male	B	0:48:57	19	26	50
478	O'linsky, Lennox Jnr	Male	A	0:52:29	6	27	56
493	Botha, Rudo	Male	B	0:54:17	20	28	64
502	Meuru, Tawisanga	Male	C	0:55:29	3	29	68
445	Nell, Corne	Male	B	0:57:09	21	30	69
449	Pretorius, Zachary	Male	A	0:59:41	7	31	72
431	Louw, Peter	Male	C	1:04:00	4	32	75
477	O'linsky, Lennox	Male	B	1:07:14	22	33	83
437	Meintjes, Charles	Male	B	1:09:08	23	34	87
451	Price, Roy	Male	C	1:14:36	5	35	98