

ECM Trail Run 2025

06/04/2025



6km Female - Results

Race No	Name	Gender	Category	Time	Category	Gender	Overall
475	Scheepers, Charlene	Female	B	0:45:57	1	1	10
518	De Kock, Rayne	Female	B	0:49:30	2	2	21
402	Bain, Belinda	Female	C	0:50:24	1	3	23
467	Pratt, Teneille	Female	B	0:52:17	3	4	25
521	Bezuidenhout, Nina	Female	A	0:54:18	1	5	31
405	Bezuidenhout, Lika	Female	A	0:54:22	2	6	32
532	Ferreira, Lizel	Female	B	0:54:49	4	7	34
477	Scholtz, Jessica	Female	B	0:55:22	5	8	36
476	Scholtz, Annemarie	Female	C	0:55:22	2	9	37
454	Makochieng, Christina	Female	B	0:55:51	6	10	41
423	Du Plessis, Del-Rio	Female	C	0:56:16	3	11	42
450	Luttich, Laetitia	Female	B	0:56:32	7	12	43
407	Boreham, Amber	Female	B	0:56:38	8	13	44
435	Hayes, Donnay	Female	B	0:56:41	9	14	45
449	Lowe, Lori	Female	B	0:56:43	10	15	46
453	Makiwane, Zakiya	Female	A	0:56:54	3	16	47
404	Best, Marie	Female	C	0:56:57	4	17	48
459	Moran, Stella	Female	A	0:56:58	4	18	49
473	Sanders, Riley	Female	A	0:57:00	5	19	50
460	Moran, Chenelle	Female	B	0:57:01	11	20	51
474	Sanders, Phillipa	Female	B	0:57:02	12	21	52
403	Barnard, Wanda	Female	C	0:57:16	5	22	54
439	Joubert, Koba	Female	C	0:58:29	6	23	55
451	Lüttich, Christelle	Female	B	0:58:45	13	24	56
420	Deschamps, Bronwyn	Female	B	0:59:21	14	25	57
421	Deyzel, Ariella	Female	A	1:00:19	6	26	59
530	Muller, Gabby	Female	B	1:00:24	15	27	61
422	Deyzel, Jenilyn	Female	B	1:00:25	16	28	62
487	Wiehahn, Welma	Female	C	1:00:42	7	29	64
484	Tsouknidas, Vicky	Female	B	1:01:08	17	30	65
415	De Jager, Danelle	Female	A	1:01:40	7	31	66
446	Lewis, Candice	Female	B	1:03:22	18	32	68
447	Lewis, Savannah	Female	B	1:03:24	19	33	69
466	Powell, Julia	Female	B	1:04:00	20	34	70
408	Bouwer, Retha	Female	B	1:05:41	21	35	73
445	Landman, Sandra	Female	B	1:05:42	22	36	74
463	Nel, Chane	Female	B	1:05:50	23	37	76
472	Russell, Donna-Mae	Female	B	1:09:26	24	38	77
486	Van Niekerk, Chenique	Female	A	1:10:43	8	39	78
485	Van Niekerk, Marichelle	Female	A	1:11:04	9	40	79
465	Pietersen , Bernadette	Female	C	1:13:36	8	41	80
481	Steenkamp, Petro	Female	C	1:14:43	9	42	82
444	Korb, Melissa	Female	B	1:15:28	25	43	83
441	Kilian, Izelle	Female	C	1:16:20	10	44	84

442	Kilian, Anel	Female	B	1:16:22	26	45	85
526	Sirkhotte, Sadia	Female	A	1:16:32	10	46	87
527	Sirkhotte, Yumna	Female	B	1:18:59	27	47	91
528	Sirkhotte, Safaa	Female	A	1:18:59	11	48	92
412	Connacher, Linde	Female	B	1:19:59	28	49	93
461	Myburgh, Lisa	Female	B	1:23:16	29	50	95
536	Louw, Paulien	Female	C	1:26:12	11	51	97
469	Robinson, Meriek	Female	B	1:28:36	30	52	99
464	Niemand, Monique	Female	B	1:28:38	31	53	100
413	Cooper, Nicola	Female	B	1:29:28	32	54	101
401	Anderson, Jemma	Female	B	1:29:29	33	55	102
417	De Wet, Mariska	Female	B	1:31:21	34	56	104
455	Makochieng, Alice	Female	B	1:35:16	35	57	105
478	Shepherd, Kelsey	Female	B	1:38:11	36	58	106
458	Mfingwana, Kanya	Female	B	1:44:45	37	59	107

6km Male - Results

Race No	Name	Gender	Category	Time	Category	Gender	Overall
519	Tenbes, Johan	Male	B	0:32:14	1	1	1
409	Carstens, Hanno	Male	B	0:34:52	2	2	2
452	Mackenzie, David	Male	B	0:37:43	3	3	3
512	Lambo, Lithemba	Male	A	0:41:21	1	4	4
513	Solomon, Asive	Male	B	0:41:22	4	5	5
479	Slabbert, Ashton	Male	A	0:44:42	2	6	6
516	Slabbert, Barry	Male	A	0:44:44	3	7	7
433	Hayes, Lawrence	Male	A	0:44:59	4	8	8
523	Dickson, Joel	Male	B	0:45:00	5	9	9
436	Henriques, Alvaro	Male	B	0:46:14	6	10	11
520	Evans, Gareth	Male	B	0:46:45	7	11	12
424	Erasmus, Calvin Craig	Male	B	0:47:09	8	12	13
438	Jones, Aidan	Male	B	0:47:26	9	13	14
456	Malan, Dawid	Male	B	0:47:32	10	14	15
524	Thomas, Brynn	Male	C	0:47:51	1	15	16
426	Ferreira, Daniël	Male	A	0:48:28	5	16	17
448	Louw, Kyle	Male	B	0:48:59	11	17	18
517	De Kock, Kade	Male	A	0:49:14	6	18	19
529	Wentzel, Xander	Male	B	0:49:20	12	19	20
432	Gronum, Wouter	Male	B	0:49:45	13	20	22
514	Moledi, Hansel	Male	B	0:51:18	14	21	24
406	Blume, Chantelle	Male	B	0:53:04	15	22	26
533	Ferreira, Franco	Male	A	0:53:06	7	23	27
419	Deschamps, Jean	Male	A	0:53:16	8	24	28
480	Smith, Alexander	Male	A	0:53:20	9	25	29
431	Griebenouw, Déan	Male	A	0:54:16	10	26	30
534	Louw, Saskian	Male	B	0:54:45	16	27	33
434	Hayes, Oliver	Male	A	0:55:15	11	28	35
522	Scholtz, Shawn	Male	C	0:55:24	2	29	38
515	Routenbach, Johannes Andries	Male	B	0:55:47	17	30	39
531	Ferreira, Edward	Male	A	0:55:49	12	31	40
411	Coetsee, Gert	Male	B	0:57:15	18	32	53

430	Green, Benjamin	Male	A	1:00:00	13	33	58
537	Frewen, John	Male	C	1:00:21	3	34	60
440	Joubert, Ben	Male	C	1:00:42	4	35	63
416	De Jager, Reinhardt	Male	B	1:01:41	19	36	67
468	Ramroop, Shaun	Male	C	1:04:37	5	37	71
535	Louw, Anikin	Male	B	1:04:54	20	38	72
471	Roux, Hennie	Male	C	1:05:45	6	39	75
443	Korb, Matthew	Male	A	1:13:51	14	40	81
525	Sirkhotte, Naasie	Male	B	1:16:23	21	41	86
427	Ferreira, Jan-Stefan	Male	A	1:17:02	15	42	88
429	Ferreira, Niell	Male	B	1:17:03	22	43	89
428	Ferreira, Joanie	Male	B	1:17:04	23	44	90
410	Chamberlain, Jarryd	Male	B	1:23:15	24	45	94
462	Nel, André	Male	C	1:23:18	7	46	96
400	Anderson, Craig	Male	C	1:26:39	8	47	98
418	De Wet, Koos	Male	B	1:31:20	25	48	103
457	Mfingwana, Siseko	Male	B	1:44:46	26	49	108